



A Classic Cartoon

By: Harrison Jaco
STAFF WRITER

Looney Tunes was created by Warner Brothers. In 1930, the Golden Age of American animation, along with its sister series Merrie Melodies.

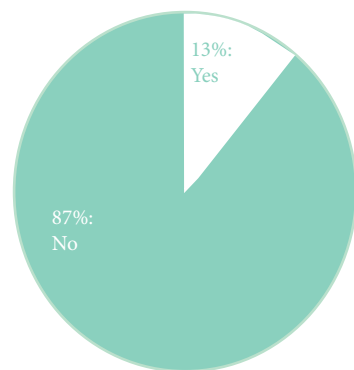
Merrie Melodies was an animated series for short films created by Leon Schlesinger before selling the show to Warner Bros.

The first character to be in Looney Tunes was Bosko. He was created by Hugh Harman and Rudolf Ising. The first character to be popularized in Looney Tunes was Porky Pig. Today, Bugs Bunny is the most popular Looney Tunes character. When it comes to popularity, Bugs Bunny is almost as popular as Mickey Mouse. I found this out by seeing if Mickey Mouse or Bugs Bunny sold more clothing and merchandise.

Looney Tunes has over 1000 episodes, and Bugs Bunny has starred in over 170 films and he even won an Oscar. The Oscar was for the best animated short film and was directed by Friz Freleng. Looney Tunes has 356 cartoons in total. Some of the most popularized characters are Daffy Duck, Elmer Fudd, Marvin the Martian, and Porky Pig. A fun fact about the name Looney Tunes is that they mistake it for being spelled Looney Toons. This is called a Mandela effect. The Mandela effect refers to when many people share a false memory, originally attributed to the existence of multiple universes.

According to psychologists, Looney Tunes are aggressive and are bad for kids. They also say it's a bad show because the kids were copying what the characters were doing. I

When teachers responded, their main vote was no, it does not with about 87 percent of them concurring with that. Roughly 13 percent answered that yes, it does impact children. Some of the responses include:
- "I was raised watching those things and do not believe that I made poor choices because of what I was watching."
- "Shows like this can normalize violence for children, but it doesn't mean we have to give up watching completely. Some of the negative effects can be offset by having conversations with children that this is just pretend and not how we act as people when we are mad or upset. Teaching children what to do instead of resorting to violence gives them the tools to be successful."
- "I don't think this a "yes" or "no" kind of question. Some children can watch Looney Tunes and not be affected, while others might be greatly affected. There are so many things that factor into whether a child will be impacted or not. I wish that there was a "maybe" choice."

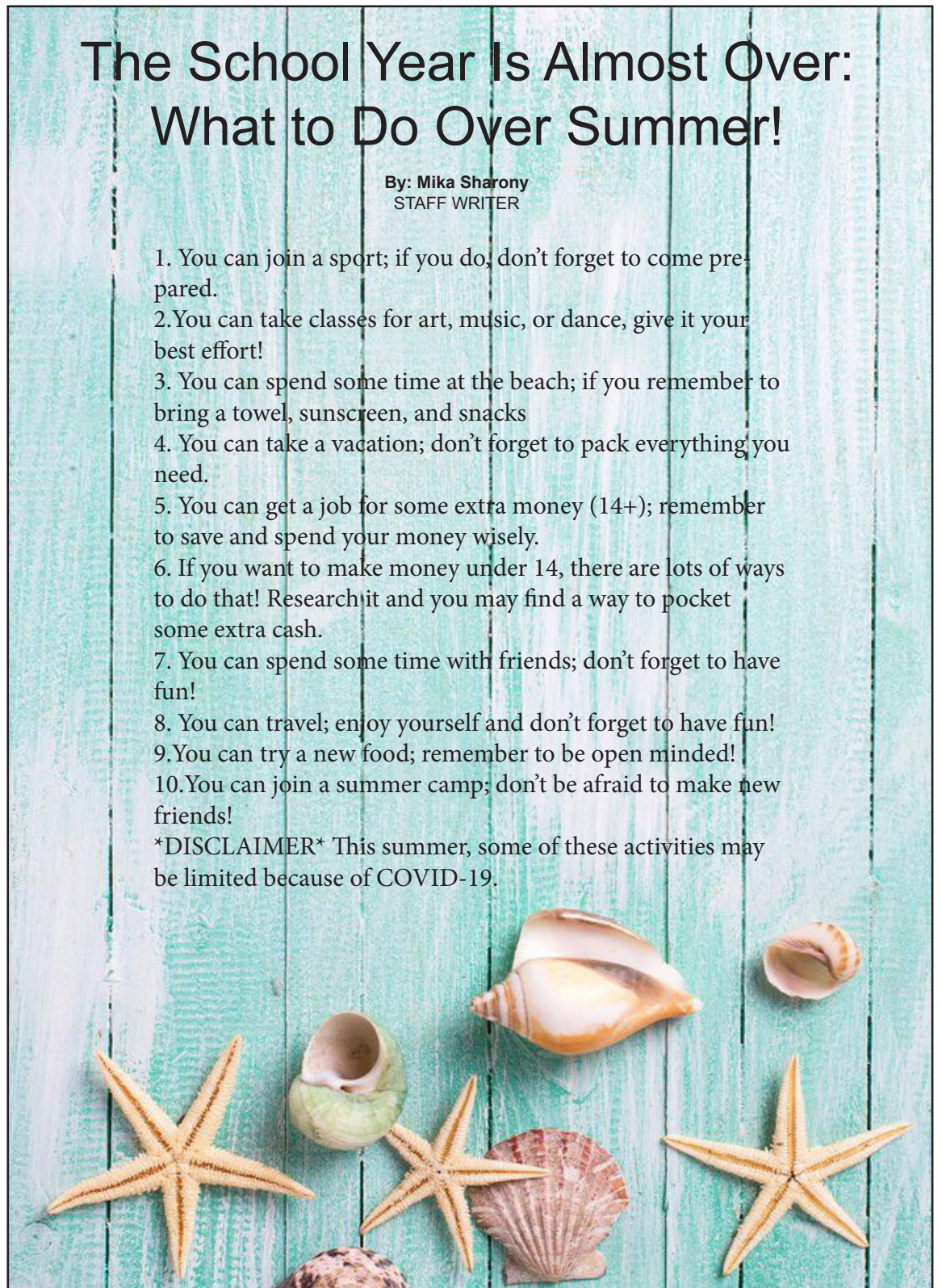


The School Year Is Almost Over: What to Do Over Summer!

By: Mika Sharony
STAFF WRITER

1. You can join a sport; if you do, don't forget to come prepared.
2. You can take classes for art, music, or dance, give it your best effort!
3. You can spend some time at the beach; if you remember to bring a towel, sunscreen, and snacks
4. You can take a vacation; don't forget to pack everything you need.
5. You can get a job for some extra money (14+); remember to save and spend your money wisely.
6. If you want to make money under 14, there are lots of ways to do that! Research it and you may find a way to pocket some extra cash.
7. You can spend some time with friends; don't forget to have fun!
8. You can travel; enjoy yourself and don't forget to have fun!
9. You can try a new food; remember to be open minded!
10. You can join a summer camp; don't be afraid to make new friends!

DISCLAIMER This summer, some of these activities may be limited because of COVID-19.



Succulent Care

I do not have a green thumb, so when it comes to taking care of plants they don't have a great chance of living. I really like succulents because they are very easy to care for and every kind of succulent seems to look different. To my surprise, when I walked into Ms. Faulk's class there were about six succulents sitting on the windowsill. She brought in a starfish plant, jade, echeveria, paddle plant, kalanchoe, and peanut cactus.

Why are they called succulents? According to www.quora.com, succulent plants are called that because their leaves hold a lot of water. Most other plants have much thinner leaves. The word is taken from the Latin succulentus, which means having juice or having sap, which in turn is from the Latin succus, which means juice or sap. Succulents are very easy to take care of because they do not need to be watered a lot. Your succulent should never be soggy. You should only water your succulents about once a week and make sure they are dried out before you do. Succulents come in many shapes and sizes. An example is the Aloe Brevifolia, which according to flowerglossary.com, "This short-leaved aloe

See story on Page 7

Behind the All Star Apparel

By: Maya Monroy
STAFF WRITER

Converse shoes have a long history and have changed significantly over the years.

The Converse Rubber Shoe Company was founded by Marquis Mills Converse in 1908 in Malden, Massachusetts. The company made rain boots also known as galoshes. The company created the first Converse All Stars in 1917. The Converse All Stars were originally supposed to be athletic sneakers and they became the most used shoe for basketball.

The American basketball player Charles Hollis "Chuck" Taylor was born in 1901. When Converse started selling shoes, Chuck Taylor was hired as a salesman. He used the All Stars for his basketball games and promoted the shoes. He also helped change the design of the shoes, so his name was added. While he was selling the shoes around the world, he also taught people how to play basketball.

In the 1920s, Converse were called "Non-Skids". They had a toe bumper in the front and they were made out of canvas and sometimes rubber. The outer soles were a thick rubber, too. They were the first tennis shoes from the Converse brand. They were brown and black. The shoes also had the ankle patch.

The shoes that came out next were made for the 1936 Olympics. When these shoes were made, Chuck Taylor's name was added to the ankle patch. These shoes were white and high-tops like the past Converse. The signature red and blue stripes were added to the soles like they still

are today.

In the 1960s, the first low top shoes were released. Back then, these shoes would be about \$12.50. 90 percent of these shoes were worn by college basketball players. These were supposed to be for younger adults.

In the 1970s, the first different colored canvas shoe came out. Before that Converse were either white, brown, or black. The first color options were gold, green, orange, red, dark blue, and light blue. Even suede shoes came out in 1971.

In the 1980s, Converse had completely stopped being used for basketball. They didn't change much from the 70s but some more styles were created. Camo and glow in the dark shoes were released as well. At this time Converse was very popular and many people wore them. The prices increased around this time to about \$19.99.

By the time the 1990s rolled around, 550 million pairs of Converse were made. At this time, every shoe had the All Star Patch on them. Many young adults and teens wore these and 25 percent of the design at that time were worn by NBA players.

In the 2000s, the Converse brand was bought by Nike in 2003. The cost was \$305 million. The new heeled Converse were invented. Converse manufacturing was not continued in the USA after 2001 and moved to places like China, India, Vietnam, and Indonesia. After that, 60 percent of the people in the US owned a pair or do own a pair. A pair of these shoes are being bought every 43 seconds. The style is still the same as it was in the very early 2000s compared to now.

A Student's Perspective on Covid-19

LAYLA BOND
STAFF WRITER

The coronavirus pandemic of 2019-2020 has caused many people globally and here in the state of Florida to suffer and even die. It has affected my life in many ways. It has taken away my social life, and ability to leave the house. It has also taken my ability to get one on one help to be successful in my education.

According to my research there have been 1.51 million confirmed cases, and 89,754 deaths in the USA. In Florida, there have been 44,138 cases, and 1,914 deaths. I find it shocking how many lives have been affected by this virus.

Since the pandemic started, I can't go out with friends, go to the mall, or even take a walk near people. I am no longer able to do cheer with my teammates. I used to practice 3 times a week; now it has turned into none! The main reason I can't go out is because we have a newborn at home with health conditions and don't want to catch anything and bring it home. My parents are very cautious on where we go because there is chance of bring something home, which would make the baby sick.

When the pandemic is over things will not go back to normal.

Before this pandemic started, I was getting one on one help with my schoolwork. I was getting pushed to get my work done, but now it's hard to push myself to get it done. It was hard making the switch from going to class to learning how to use the computer to do all my work. It took me awhile to even get used to the programs that we use on the computer.

When the pandemic is over things will not go back to normal. People will be more cautious than they were before. People will continue to use hand sanitizer, and face masks. Another thing that might change, is class sizes. This change could help me, because smaller class sizes will give me more one on one help. When I look at this issue, I'm lucky that my problems are small compared to the people that have lost their lives to this virus.

How to stay safe and healthy during a rough time.

EVA YOUNGS
STAFF WRITER

Lately things have been very rough for everyone. As we all know there is a sickness going around called the Corona virus. This sickness is dangerous for many people, but it is especially dangerous for older people and people who have certain conditions. We need to understand how to stay healthy during this time because according to the news and some articles younger people are the ones who usually carry this sickness but our immune systems are stronger and healthier that we won't get it as much as an elderly would. We need to keep safe because if your carrying it than you could give it to someone who is older than you in your family and their immune system may not be as strong. There are so many ways to stay safe in and out of school. One way to stay healthy is by washing our hands. I know many people always say that, but we really need to do it during this time. To make it fun while washing your hands you can sing happy birthday because you can have fun and you will know that you scrubbed your hands good enough instead of just a couple seconds of washing your hands. Another way to stay healthy is by not putting your hands in your mouth or on your eyes. By not touching your face while you are at school will help you because you are not rubbing the germs all over your face. While at school I always see people putting their pencils in their



mouths and things that should not go in their mouths that has germs all over it which could make you sick. There are so many more ways to stay safe and healthy at school. There is also so many ways to stay healthy outside of school. During this time, we should stay inside. I understand that many people want to hangout with their friends still and have fun and even myself wants to. It would be better if we stayed at home and we did not go out to a bunch of places because that helps spread sicknesses. As always wash your hands as well and when you do go out many people are telling us to wear masks. I read an article that said if you wear a mask when you go out of the house it wont prevent you from getting sick but it will help others because your mouth is blocked by the mask. So, if you cough you will not be hurting others by it. There are so many ways to stay safe and healthy in and out of school but those are the main ones. Everyone should stay safe during this time, but you should still have a little fun.

School Drills: Time Wasted?

EVA YOUNGS
STAFF WRITER

We have so many different types of drills! For example, we have active shooter drills, fire drills, tornado drills, lockdown drills. Ever since the tragic deaths that happened at the Parkland shooting, we have to have active shooter drills now.

Some students may not take the drills seriously because we have so many of them and we do them so often. During the drills, students are always talking and laughing with

their friends and joking around. They don't realize how some of these drills are serious and it's important to practice them.

Although it's important to have drills to keep us safe, we do them so often we just get used to them and are bored of them. Even some teachers get bored of drills because they have to keep yelling at the students trying to get them to be quiet and stay in a line. Unfortunately we need these kind of drills in our society, and our schools for the protection of students and teachers.

Cartoon Favorites

CEDRIC ROBIN
STAFF WRITER

Ben 10, later known as Ben 10 Classic or Classic Ben 10, is an American animated series created by the group Man of Action and produced by Cartoon Network Studios.

The pilot episode "And Then There Were 10," aired on December 27, 2005, as part of a sneak peek of Cartoon Network's Saturday morning.

A kid on vacation named Benjamin Kirby Tennyson found a device while camping that could turn him into 10 different alien heroes, each with its own unique abilities.

With this newfound power, Ben, Grandpa Max and cousin Gwen help others and stop evildoers, but that doesn't mean he doesn't cause some super powered kid mischief once in a while. This cartoon has variety of villains like Vilgax, Kevin Levin, Michael Morningstar, Charmcaster,



Photo credit- Nickelodeon

and Albedo. But that is just a few of them. There are a total of 135 villains. Ben 10 has a total of 1,000,912 aliens, 70 named and unlocked and Ben is seen transforming into 62 of them. Ben 10 has 15 characters and has been made into 5 shows and 4 movies. You can also stream Ben 10 on YouTube TV, Amazon Prime, Vudu, YouTube, google play, and iTunes.

A square yellow sponge named SpongeBob SquarePants lives in a pineapple with his pet snail, Gary, in the city of Bikini Bottom on the floor of the Pacific Ocean. He works

as a fry cook at the Krusty Krab. During his time off, SpongeBob has a knack for attracting trouble with his starfish best friend, Patrick.

Arrogant octopus, Squidward Tentacles, SpongeBob's neighbor, dislikes SpongeBob because of his childlike behavior. Steven Hillenburg was the creator of SpongeBob SquarePants but unfortunately died on November 26, 2018.

SpongeBob SquarePants was born on July 14th, 1986 according to his driver's license. Despite his name, Squidward is an octopus. He only has six tentacles though, not the usual eight that an octopus would have. Patrick Star, the pink starfish, weighs only two ounces according to his driver's license. There are 13 characters in the show and have 262 episode and 3 movies. You can also stream SpongBob SquarePants on fuboTV, Philo, Youtube, Google Play, Amazon Prime, and iTunes.

The Black Death

DIELO PROBST
STAFFWRITER

The Black Death was a deadly plague in the mid-1300's. The Black Death was the deadliest plague ever recorded by man. The death toll was in the millions. The estimated number of deaths was 25 million. The Plague arrived at Europe in October 1347 when 12 ships from the Black Sea pulled in to port at a Sicilian Harbor named Messina. When the ships arrived, the people gathered around to see the men, but the sight they saw was shocking. Most of the men aboard the ship were dead. If the men were not dead, they were in fatal condition. The authorities of Sicily ordered that the ships immediately leave, but it was to late. "Before the Shippes have pulled up into the harbor, people have already heard news about deadly disease." In the early 1340s, the disease had struck China, India, Persia, Syria and Egypt. People thought the plague originated in Asia, "though recent research has indicated the pathogen responsible for the Black Death may



have existed in Europe as early as 3000 B.C."

An Italian poet, Giovanni Boccaccio wrote, "at the beginning of the malady, certain swellings, either on the groin or under the armpits... waxed to the bigness of a common apple, others to the size of an egg, some more and some less, and these the vulgar named plague-boils." The Black death would attack the lymphatic system (the Lymphatic system is a network of tissues and organs that help rid the body of toxins, waste, and other unwanted materials.) It caused swelling in the Lymph nodes. If it were left untreated, the

virus would spread to the lungs and blood.

The germ that caused the plague was a Bacillus called, Yersinia pestis. It was discovered by a French biologist at the end of the 19th century. The germ travels through air, but it can also travel through fleas on rats. The rats could be found everywhere in Europe. The main place they were really found were in ships. A lot of people back then did not know how the virus was transmitted from one person to another or how to cure it. That is why there was a massive death toll.

The plague never really ended. The officials of Venice were able to slow the rate of the virus by keeping the people aboard the ships that entered the port on their ship. The sailors aboard the ships were typically held on their ship for about 30 days but was later increased to 40 days. Fun fact: "Many scholars think that the nursery rhyme "Ring around the Rosy" was written about the symptoms of the Black Death."

This Spud's For You

HOLLIS NEWBY
STAFF WRITER

French fries, chips, and many more dishes are made from potatoes. Potatoes first originated from Peru in 8,000 B.C. but were later brought to Europe. Eventually farmers found that potatoes were easier to farm than other crops such as wheat and oats. So potatoes were officially everywhere in farms, cities, and even different countries such as Spain, Italy, Austria, Belgium, Holland, France, Switzerland, England, Germany, Portugal and Ireland. Though potatoes began in Peru, the country that produces the most potatoes today is China. They account for 26.3% of the world's production which is around 9.3891 kilograms. That weighs almost as much as the Eiffel Tower. It's weird to think that China produces the most potatoes seeing how that potatoes came from Peru which is on the other side of



the world.

In October, 1995, the potato became the first vegetable to be eaten in space. That's not the only place that potatoes are served. They are also served in schools and local jails because they are good for you and are easy to cook in many ways. Potatoes also are very easy to grow. They can grow in very poor soil which is one of the reasons that they became so popular in Ireland. They did not have the best soil so having a crop

that could grow in the poor soil was very important for them to have. Potatoes can also be very good for your health because they provide potassium, vitamin C and are low in cholesterol which is good for your heart health. Potatoes can be prepared in many ways like chips, potatoes skins, and even soup. Since there are many ways that it can be prepared it is a very popular option for public places serving many meals a day.

Student publications: trial and error

Teaching journalism for most of my career has been one of the most rewarding and frustrating subjects I can bring to students.

This year I began again with the creation of the Crusader Chronicles. It took almost a month to get the software up and running to create the pages. During the month, I had to take 20 students and try to find what they might be interested in, good at, or hated areas. 12 of them hated to write. Then try to get them to work in a cohesive unit to develop and produce a printed newspaper for the students. We watched several videos on newspapers and the history of why the press is important, why plagiarism is never allowed, how curiosity plays a role in developing stories, and the list is long. Many came with the idea that fake news was the norm. They didn't understand the use of text language versus professional language. Spelling? Why is that important? Everyone began wanting to take photos. That ended quickly when the photos they take with their phones, tongues sticking out and bunny ears were cast aside for boring, their words not mine, photos. Students working, teachers teaching and general life at the school were picked instead. Cut off heads and photos with glare so bad you couldn't tell who the subject was. Ok,

back to the drawing board.

Next were stories. What did the students want to write about? The look of puzzlement on their faces was something to be worried about. "Us? You tell us what to write." Nope, sorry. This is your paper and you need to write about the things you are interested in. How could 20 students have no interest in anything? That is how we began.

From the beginning to the end, the students have produced. It has taken lot of editing. Photos taken over and over and then discarded all together. Classes in writing headlines and noun/verb agreement. Brainstorming sessions where no one would talk. Discussions on appropriate subjects and why. Trying to corral students to communicate with each other and staff. Did you know students are scared to talk to adults because they fear being wrong and then being chastised for being wrong? Emails were non-existent. "We have email accounts? What are they used for?"

We produced 3 editions and the content improved with each. The designers began to have an eye for developing nice looking pages with great stories about subjects they were interested in. This final edition was going to shine. We had time and lots of ideas and then, boom, a pandemic with education consequences none of us could



have seen.

Some students have disappeared, so stories are missing. Much of the information was stored on computers at school and now students cannot access it. Pages that were almost complete had to be rebuilt from scratch. New art had to be found. Students had to work independently while trying to understand a vision that was hard to convey over the phone.

They did it. There were students who rose

to the challenge and did it. There were students who wrote and built pages over and over to get it done. I could not be prouder of these kids. I cannot wait to see where their lives take them.

This edition is dedicated to the hard work of the few who contributed so much. They won't see this until print. Give them a hand. They deserve it. Elizabeth Austin, Addison Neri, Hollis Newby, Dielo Probst, Mika Sharony and Eva Youngs.

Avoid back injuries by choosing the right backpack

Finding the right backpack is an essential component of back-to-school shopping. Children may have their own ideas of what's in style, but parents should look for backpacks that are functional before factoring in style. Marrying form and function together can be challenging, but it's necessary to prevent students from developing back problems. But parents must give consideration to

more than just the size of their children's backpacks.

Depending on school schedules, students may be carrying backpacks for up to 10 hours per day, five days per week. Backpacks may be filled with several pounds of stuff, such as textbooks, binders, laptops, and other supplies, potentially leading to injury.

According to the U.S. Consumer Product Safety Commission, at least 14,000

children are treated for backpack-related injuries every year. The American Academy of Orthopedic Surgeons says that the weight of a backpack should not exceed 10 to 15 percent of a child's body weight.

But many students pack their bags with much more weight than that.

Improperly sized, worn and overstuffed backpacks can injure joints and lead to neck,

back and shoulder injuries.

They also may affect children's posture.

Choose a streamlined model. Select a backpack that will get the job done without much added bulk. Many backpacks have been designed to hold technological devices as more and more schools integrate technology into the classroom. A less bulky bag might be lighter and easy to carry. Consider shopping at a sport-

ing goods store. Employees at camping and sporting goods retailers understand how to fit backpacks for hikers and outdoor adventurers.

They can help measure a student and find a pack that will fit his or her body frame. Also, these retailers may have a wider selection of backpacks than some other stores, increasing the chances of finding the right fit.

Phys Ed classes are a benefit to everyone

School gives students a chance to learn and grow. During the course of their academic careers, students explore many different subjects, hopefully finding at least one that inspires them to one day pursue rewarding careers. Physical education is one subject that is often overlooked. Gym class may seem like just a fun elective, but the importance of physical education cannot be understated, especially as so many youngsters struggle to maintain healthy weights. Physical education can help children live healthier, more fulfilling lives, benefitting them in ways that go beyond their waistlines.

1. Improved health and stamina: The U.S. Centers for Disease Control and Prevention reports that only 29 percent of high school students are getting the recommended 60 minutes a day of physical activity. The U.S. Department of Health and Human Services recommends that young people between the ages six and 17 should get at least

Physical education is one subject that is often overlooked.

an hour of physical activity each day. Physical education classes can help students meet or exceed those physical activity recommendations.

2. Creates a love for sports: Gym class exposes students to various athletic activities, encouraging them to dabble in different sports. That opportunity may expose young children to a sport they will embrace and play for the rest of their lives.

3. Improved academic performance: A large-scale study of 12,000 Nebraska schoolchildren published in The Journal of Pediatrics found that physical fitness could be linked to improved academic performance.



COVID-19 Companions



Character Expression Contest Winners



Courtesy photo

Congratulations to Jacob Colon (left), Ja'zaria Williams (middle), & Davon Davis (right). They are the winners of the Character Ed. Expression Contest. Each of these students wrote excellent essays on the word of the month "Citizenship".

Behind The Scenes

Holiday movies have a way of making audiences laugh and cry while inspiring those warm and fuzzy feelings that perfectly complement the season of family and giving. Depending on the individual, favorite movies may include old classics or new releases.

A lot of work goes into making movies, and holiday films are no exception. Fans may be surprised by some of the events that went on behind the scenes of their favorite holiday films, as well as background information about the actors and settings of the movies.

Get into the festive spirit by learning about the following beloved holiday films.

"It's a Wonderful Life"

Anyone who has ever wondered what life would be like if they took a different path or made different decisions can relate to this classic Christmas film. It's difficult to make it through the holiday season without seeing "It's a Wonderful Life," and many people make it a point of to view it every year. The following are some interesting tidbits about George Bailey and the film that put savings-and-loan managers on the map.

The movie began as a short story titled "The Greatest Gift." Writer Philip Van Dornen Stern was unsuccessful at shopping the story and turned it into a Christmas card for 200 friends and family. A producer at RKO pictures got a copy and purchased the movie rights for \$10,000. Many now agree that Jimmy Stewart was the perfect choice to play lead character George Bailey, but studio heads originally had Carey Grant in mind for the lead. The role went to Stewart when Frank Capra signed on to the film and named Stewart his leading man.

Although Donna Reed was a seasoned actress prior to the movie, "It's a Wonderful Life" marked her first starring role.

Bedford Falls, the fictional town in the movie, is reportedly based on upstate New York towns Bedford Hills and Seneca Falls. Nearby cities like Rochester and Buffalo are referenced in the movie. However, the movie was not filmed on location. It was filmed in the summertime on a back lot in the San Fernando Valley section of Los Angeles.

The movie received a technical Academy Award for the snow effects, which were created by using a "snow" mixture of water, soap and a fire-fighting chemical called



Foamite.

The movie was not well received upon its release in 1946. The film received mixed reviews, which might surprise those who consider it a cinematic classic.

"A Christmas Story"

An equally beloved holiday film and a cult favorite, "A Christmas Story" follows a 1940's Indiana family anchored by Ralphie, the cynical but lovable schoolboy played by actor Peter Billingsley. The movie was based on autobiographical tales penned by author and radio personality Jean Shepherd, who narrates the film

The movie was a low-budget film that used virtually no special effects. It also used tracking shots instead of Steadicam.

The setting for the movie is based on Shepherd's hometown of Hammond, Indiana. Shepherd grew up on Cleveland Street and went to Warren G. Harding Elementary School. However, the movie was filmed in Cleveland, Ohio, and Toronto, Ontario, Canada. The house from the movie still stands in Cleveland. Part of the decision to film in Cleveland stems from the willingness of Higbee's department store to allow crews to film inside the store.

Darren McGavin played Ralphie's father, a role he won over Jack Nicholson. McGavin might have won the role because of Nicholson's typically large salary demands.

For the scene in which "Flick's" tongue sticks to the flagpole, a hidden suction tube was used to safely create the illusion that his tongue had frozen to the metal.

Three leg lamps were made for the movie, and all three broke during filming.

Safety suggestions for wilderness enthusiasts

The wilderness is awe-inspiring. The great outdoors is a wonder to behold, and each year millions of people experience the great outdoors firsthand, creating memories that will last a lifetime.

The popularity of outdoor activities is perhaps the greatest testament to the beauty of nature. According to the Outdoor Industry Association®, roughly half of the United States population ages six and over participated in at least one outdoor activity in 2017. Statistics Canada notes that the great outdoors is perhaps even more popular just north of the U.S., where nearly seven in 10 Canadians participated in outdoor or wilderness activities in 2016.

As breathtaking as the wilderness can be, it also can be dangerous. Safety is of paramount importance when spending time in the wilderness. Whether you're a seasoned outdoorsman or a novice experiencing the wilderness for the first time, accidents can happen. Preparation can help people avoid potentially life-threatening situations in the wilderness. In fact, the U.S. Forest Service notes that the most effective way to prevent mishaps in the wilderness is to adequately prepare for a trip into the wild. The following tips, courtesy of the USFS, can help make trips into the wilderness safer.

Never go it alone. The USFS advises against going it alone in the wilderness. Without a travel companion, outdoor enthusiasts may find themselves without any help in the case of emergencies like injuries or accident. The USFS recommends traveling in groups no smaller than



Getting outside on a wonderful sunny day.

four people when visiting remote areas. In such instances, one person can stay behind with an injured friend while the others leave to seek help. In addition, never travel to a remote area without being accompanied by someone who's familiar with that area.

Share your itinerary. Leave a detailed copy of your itinerary with someone who won't be joining you. Include details like the make, year and license plate number of your vehicle as well as the equipment you're bringing. List the weather you're anticipating on your itinerary and where you're planning to go, including trail names, if possible. If unexpected and dangerous weather rolls in, the person holding your itinerary can alert local forestry professionals.

Be in good physical condition. The wilderness is a challenging place, so only those with the skills and the physical ability to negotiate it should attempt to do so. When planning a

trip, design it with the weakest member of your group in mind. People with medical conditions should discuss their plans with their physicians prior to entering the wilderness.

stick to developed trails. Footing near cliffs can be difficult, and nearby trees and shrubs might not be reliable sources of support. So stick to developed trails or dry, solid rock areas that provide adequate footing.

Study the forecast. Study the forecast and any predictions that might affect conditions on the day(s) of your trip. Weather can change quickly in the wilderness, so make sure to pack the appropriate attire for any potential weather suggested in the forecast.

Learn basic first aid. Basic first aid can save lives. Learn how to identify and treat injuries and illness. Contact a local parks department to learn the basics.

Pain, Fears, and Phobias

Hollis Newby
STAFF WRITER

Pain. We all react to it differently and it comes in all different shapes and sizes. Some people feel pain through other people like when a family member or a close friend is going through something rough. If we

have a close bond, people tend to also feel their pain even though it may have nothing to do with you at all. Other times something will happen if someone or something that you are uncomfortable with harms or scares you. You are more likely to form a deeper pain or fear towards that thing and be hesitant next time you see it. Some examples of this are Arachnophobia, Autophobia, Thanatophobia, and many more are all examples of fears and things that people could unknowingly feel pain or sadness from. These words in particular these phobias are fear of spiders, being alone, and death. We all have fears. Whether we admit it is another thing.

People can fear many things in their life but according to studies done by medicalnewstoday.com and The National Institute of Mental Health, they have said that most fears and phobias are from childhood, but this doesn't mean that you can't get a fear or phobia during the latter part of your life.

Fears and phobias have impacted twice as many women as men. A little fear is good here and there to keep us on the edge and keep us from making bad decisions in the future but if it goes too far, then it becomes a mental disorder and could cause things such as anxiety and stress. There is a common fear that is



called the imaginary audience. It is that feeling we all get in ourselves that feeling that everyone is watching us and making fun of us. This is a very common thing to experience during job interviews and important or special events like the first day of school. This could cause thoughts to travel into adulthood with you. Things like making sure that you look your best at all times which can be good and bad such as the fact that you could always make a good impression or that you are too cautious about how you look causing insecurities.

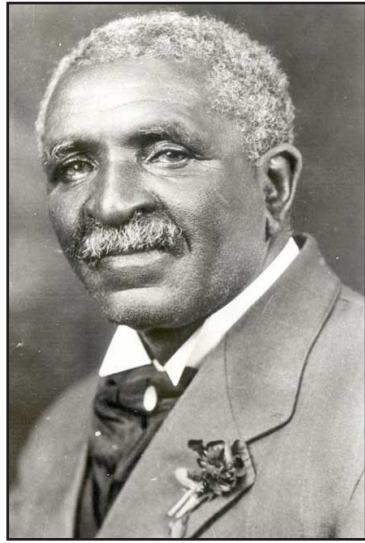
If you are afraid of something, then when approached with it you are more likely to think that you are in danger. But let's find out how all of this works; how you are afraid of spiders or death when we feel like we are in danger. The brain sends signals to the nervous system making your heart pump faster, a change in breathing, or an increase in blood pressure. This also triggers your "fight or flight" response; this is how

you react to stressful or scary situations. The flight response is shown through running away or jumping and the fight is when your body goes into fight mode and your body is willing to fight in the moment to protect yourself even if it is just a loud sound or a friend jumping out and scaring you your body stays like this until you see that you or a loved one are okay and not in any danger. No one wants to constantly be scared that something will happen or that you will see that one thing that makes your skin crawl. Luckily there are many ways to help get over that fear such as but not limited to being with that fear or phobia for a few seconds at a time to help you get used to it this is called physical therapy. Even though there are ways at home to help with your fears, phobias, and pain, sometimes the best way is to see a therapist. They are trained professionals that can help if you are going through something scary.

George Washington Carver “The Peanut Man”

CEDRIC ROBIN
STAFF WRITER

George Washington Carver was born into slavery and went on to become one of the most prominent scientists and inventors of his time, as well as a teacher at the Tuskegee Institute. Carver invented over 300 products using one major crop — the peanut — including dyes, plastics and gasoline. Carver was most likely born in 1864 into slavery in Diamond, Missouri, during the Civil war years. The exact year and date of his birth are unknown because he was a slave. Carver was of many children born to Mary and Giles, an enslaved couple owned by Moses Carver. A week after his birth. The end of the Civil War in 1865 brought the end of slavery in Missouri. Moses Carver and his wife, Susan, decided to keep Carver and his brother James at their home, raising and educating the two boys. Susan Carver taught Carver to read and write. After leaving home Carver was the first black student at Iowa State. Carver excelled in his studies. After graduating from Iowa State, Carver embarked on a career of teaching and research. Booker T. Washington, the keeper of the historically black Tuskegee Institute, hired Carver to run the school’s agricultural depart-



ment in 1896. Include Hundreds of products from peanuts, including (milk, plastics, paints, cosmetics, medicinal oils, soap, ink, wood stains), 118 from sweet potatoes (molasses, postage stamp glue, and flour, vinegar and synthetic rubber) and even a type of gasoline. At the time, cotton production was on the down in the South, and overproduction had left many fields unable to produce crops. Carver suggested planting peanuts and soybeans, both of which could restore nitrogen to the soil, along with sweet

potatoes. While these crops grew well in southern climates, Carver’s inventions and research solved this problem and helped struggling sharecroppers in the South, many of them former slaves now faced with necessary Cultivation. Even though Carver did not invent peanut butter. However, he did do a lot of research into new and alternate uses for peanuts. He even became known as “the Peanut Man” after delivering a speech before the Peanut Growers Association in 1920 presenting to the wide potential of peanuts. This made the politics of accommodation championed by both Carver and Booker T. Washington. Unfortunately Carver died after falling down the stairs at his home on January 5, 1943, at the age of 78. He was buried next to Booker T. Washington on the Tuskegee grounds. Carver’s epitaph reads: “He could have added fortune to fame, but caring for neither, he found happiness and honor in being helpful to the world. “Carver, who had lived a frugal life, used his savings to establish a museum, the George Washington Carver museum, Cultural and Genealogy Center in Austin, Texas, which was devoted to his work, including some of his own paintings and drawings.



COURTESY PHOTO

Carly Stella, left and Jennifer Reynolds. Carly Stella won first place at the STEM fair.

All Twisted Up

EVA YOUNGS
STAFF WRITER

In class one day we were discussing a headline for a story about peppers and part of the headline was pickled peppers. During class we tried out several different tongue twisters beginning with Peter Piper and laughed at how funny some people sounded.

Tongue twisters have been around since 1895. They were really popular in the 19th century. For over a century they have screwed up speaking abilities. Early English twisters were also used to teach pupils proper speech.

There are so many tongue twisters in the world. Many people say tongue twisters for fun. Every tongue twister made has a meaning behind why it

was created and how it was created. Can you guess what the meaning is behind each of these examples. Here are two examples of tongue twisters I really like: Betty Botter bought some butter, But, she said the butters bitter; If I put it in my batter, It will make my batter bitter. But a bit of better butter, That would make my batter better. So she bought a bit of butter Better than her bitter butter, And she put it in her batter And the batter was not bitter. So t’was Betty botter Bought a bit of better butter. Peter piper picked a peck of pickled peppers; A peck of pickled peppers peter piper picked; If peter piper picked a peck of pickled peppers, Where’s the peck of pickled peppers peter piper picked?

Where did summer break come from?

DIELO PROBST
STAFF WRITER

So, what is a summer break? Summer break is a 2-month period where kids don’t have to go to school. A lot of kids enjoy it because they don’t have to see or do work. There isn’t really an origin but a lot of myths and oral traditions. For example, one myth is, “it was believed that school kids took a break during summer to help their parents in their fields and farms.” The origin of summer break in the United States really had a lot to do with the upper and middle classes. One reason is because when the summertime hit the rich families tried to use every excuse they could find, that they deemed necessary, so they could



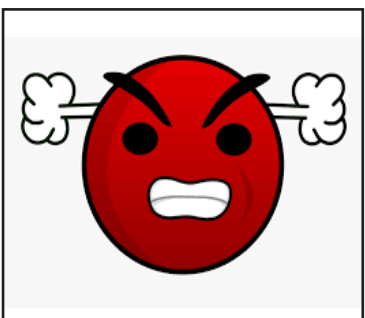
escape to the cooler countryside. Because they left, it affected school attendance. So, “the state legislators and labor union advocates argued for counterbalancing a more regulated summer holiday/break for school kids.” Summer break around the world

is different. One example is India. Why? Because the climate conditions vary from territorial parts in India. In the central part, summer break lasts for 2 months, while in the northern part, the Kashmir Valley’s summer lasts for 10 days. The summer break in South Korea is also different from the United States. It normally lasts from the end of June to mid- August. Summer break in the United States is awesome because we get 2 to 3 months off. We get to go to summer camp or spend time with our friends, and last we can have those warm summer days eating ice-cream and being with friends. Those are the best parts of summer.

How profanity has changed over the years

DESTINY CRAWFORD
STAFF WRITER

I have a problem using foul language. I tend to get angry at times and curse out people. Swearing is one of a mankind’s favorite pastimes. In English, swear and curse words tend to have Germanic roots. Used in this sense, profanity is language that is generally considered by a certain parts of a culture to be strongly impolite, rude, or offensive. The history of curse words and profanity was part of spoken words in the Medieval era. In the 15th century, some words came to be seen as profane or rude. But the usage in the earlier times of the 13th century



these words were not intended to be rude. Profanity is sometimes referred to colloquially as “Anglo-Saxon”. For example, the word “wanker” is considered profane in Britain but it dates only in the 20th century and is not profane in the United States.

Shakespeare created dirty insults that you would not recognize today. From each column, pick a word and create your own insult, Shakespeare style. These are from <https://freepagenumbers.wordpress.com/2012/02/26/how-to-swear-like-shakespeare/>. Here are some of them Artless, Bat-fowling, Bum-bailey, Goatfish, Fen-sucked, Flirt-Gil, Gorbellied, Guts-gripping, Hedge-pig, Dissembling, Beslubbering, Lewdish Cursing is perhaps the only vice that as frowned upon as it is widespread. One of the things that I learned is that cursing doesn’t get you anywhere. Next time, I will use the Shakespeare.

February Character Expression Contest Winners



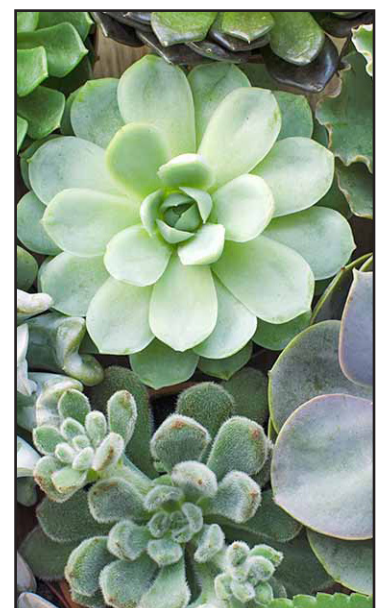
COURTESY PHOTO

Congratulations to the following winners of the Character Ed. Expression contest in January 2020: Zyon Dawes (left) Star Emerson (middle) Yasmine Moody (right) Each student received \$20 cash courtesy of Dream Inc., Tickets to Smugglers Cove Adventure Golf, and a certificate of award.

Succulents

Continued from page 1

plant is exactly what it sounds like – it is just like a regular aloe plant but with smaller leaves. The Aloe Brevifolia grows in the shape of a rose and can get up to one foot tall. It has orange flowers that grow in the springtime. The Aloe Brevifolia is just one example of a wonderful succulent.” Next time you are thinking about getting a plant, you should consider getting a succulent. Overall, they are decorative and easy-care plants. If you are still wondering if succulents are right for you, why don’t you give it a try?



WHAT A YEAR!



PHOTOS BY HOLLIS NEWBY

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Take care of our planet a
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Page 8