



# 2017-2018 End of Year Report

Student Health Advisory Committee

# Student Health Advisory Committee Mission



The mission of the Manatee County School Health Advisory Committee (SHAC) is to provide a collaborative forum (Health Department, School Board, and community at large) and to advise on the delivery of a coordinated school health program that addresses physical, social and emotional health of students and staff. A coordinated school health program supports student readiness to learn, succeed academically, and become productive and healthy citizens.





- SHAC meets twice or more a year
- Yearly Goals
- Cross department communication
- Monitor and revise Local Wellness Policy

# 2017-2018 Goals



- Continue “No One Eats, Plays, Walks Alone”
- Increase Internal Communication and External Messaging
- Apply for Gold Healthy School District
- 50% of Elementary Schools HUSSC
- Increase delivery of health education to parents

# 2017-2018 Goals



- Continue “No One Eats, Plays, Walks Alone”
  - Messaging was continued with posters and special treats for school kindness days
- Increase Internal Communication and External Messaging
  - Website updated and community invited to health school team meetings

# 2017-2018 Goals



- Apply for Gold Healthy School District
  - Gold status awarded
- 50% of Elementary Schools HUSSC – Healthier US School Challenge
  - 7 elementary schools awarded HUSSC. Ballard, Kinnan, Miller, Mills, Oneco, Sea Breeze, and Stewart.
  - Award program ended on July 1
- Increase delivery of health education to parents
  - Health education provided in school newsletters, the District's website, and on school websites.
  - Healthy weight and BMI information to all Kindergarten, 1<sup>st</sup>, 3<sup>rd</sup>, and 6<sup>th</sup> grade parents

# 2018-2019 Goals



- Increase participation in SHAC meetings
- Establish Health Education Guest Speaker Guidelines
- Conduct and promote flu shots for staff and students
- Promote new Employee Assistance Program Optum
- Distribute and market standards based nutrition education
- Offer Youth Mental First Aid course to school staff