

Braden River High School Cheerleading Tryouts

2025-2026 Season

Please review this entire packet of information before tryouts. Keep the first 2 pages of this packet for your records and submit the last 2 pages (application) with all other required forms no later than the first day of tryouts, Tuesday, April 8. Tryout participation will only be allowed to candidates with COMPLETED paperwork. Squad announcements will be made via text on the evening of Friday, April 11. ALL invited cheerleaders and a parent/guardian must attend the Commitment Meeting on Tuesday, April 15 from 6-7:30pm in the media center. The first day of practice is Tuesday, April 22 from 5:30-8pm in the cafeteria.

Dear Candidates and Parents/Guardians,

Thank you for your interest in the 2025-2026 Braden River cheerleading team. As a member of this athletic team, you can show your Pirate pride through performances, competitions, and community events. Cheering can be a truly rewarding experience, but it is also a considerable time and financial commitment. This is a competitive athletic team that requires hard work, determination, and a positive attitude in addition to time and money. There are specific responsibilities, obligations, and expectations that the athlete must assume to qualify for, and remain a part of, the squad.

Parent/Guardian Responsibilities:

- Read the entire packet and be certain that you fully understand the rules and regulations that govern cheerleading tryouts and/or have ask the coach to clarify any parts that you do not understand. Please make sure that each form has been filled out completely and correctly and is signed and dated where necessary.
- If your child does not already have a valid sports physical, please make an appointment now. It is MANDATORY to participate in tryouts.

The following must be turned in BEFORE you can participate in tryouts. You will not get these items back so please do not submit originals.

- BRHS Cheerleading Application (included in this packet)
- Printout of your Semester 1 Report Card showing your GPA. A 2.0 cumulative unweighted GPA is required by FHSAA.
- Proof of clearance through AthleticClearance.com.

Tryout Process:

Tuesday 4/8/25	Wednesday 4/9/25	Thursday 4/10/25	Friday 4/11/25
- Endurance - Strength - Dance	- Jump Clinic - Chant and Cheer	- Stunt Clinic - Material Review	- Formal Tryouts (Jumps, Dance, Chant, Cheer, Tumbling*)

Tryout Rules:

- Cheerleaders are to arrive at least 10 minutes prior to the start time.
- Cheerleaders are to wear a black t-shirt (not baggy), black shorts (NO Nike Pros), socks, and cheer or athletic shoes.
- ABSOLUTELY NO FOOD, ENERGY DRINKS, SODA, GUM, OR JEWELRY (including naval and facial piercings).
- Bring plenty of water.
- No acrylic or fake nails. Nails must be short and filed.
- This is a closed tryout. No one will be permitted to visit or watch.

- All cell phones are to be turned OFF and only used at the end of each session to record material.

Scoring:

- Candidates will be scored on the following categories:
 - Jumps (toe touch and jump of choice)
 - Dance
 - Chants
 - Cheer
 - Stunting
 - Tumbling*
 - Strength (pushups and sit-ups)
 - Endurance (running)
 - GPA
 - Attitude
- *Tumbling is NOT required to be a great cheerleader. They are bonus points that will be added to an existing score (like extra credit).
- Results will be texted on Friday evening after scores have been calculated.
- If you feel that you need to meet with the coaches in regard to scoring, you can reach the head coach via email at DissA@ManateeSchools.net to schedule a meeting. Please respect that no meetings will be scheduled until after the Commitment Meeting.

We are looking forward to an exciting season ahead! Please email Ms. Diss if you have any questions at dissa@manateeschools.net.

Sincerely,
Braden River High School Cheerleading Coaches

Braden River High School 2025-2026 Cheerleading Application

Please print the following information legibly. Return to Ms. Diss at tryouts on Tuesday, April 8.
Attach your semester 1 report card and proof of athletic clearance.

Personal Information

Name: _____ Date of Birth: _____

Address w/ zip code: _____

Student Telephone Number: _____

Student Email: _____@students.manateeschools.net

Student Preferred Email: _____

Unweighted GPA: _____ Grade (next year): _____

Current School: _____

Parent/Legal Guardian Name : _____

Parent/Guardian Telephone Number: _____

Parent/Guardian Email: _____

Experience

Do you have any cheerleading experience? YES NO If yes, where? _____

Do you have stunting experience? YES NO What position(s)? FLYER BASE BACK

Please list tumbling skills that you can perform without a spot: _____

What activities are you involved in? (sports, clubs, work, etc): _____

Interview

Why do you want to be a cheerleader at BRHS?

Why do you think you will be an asset to the team?

By signing this application, you are acknowledging the following:

I give my child permission to try out for BRHS cheerleading. I understand and agree to the following:

1. We (my child and I) are prepared to commit to, and abide by, the guidelines laid out in this packet.
2. We understand and agree to attend the Commitment Meeting on April 15 from 6-7:30pm.
3. We understand and agree to represent BRHS cheerleading with integrity and positivity.

Parent/Legal Guardian Signature

Date

Student Signature

Date