

School Health Advisory Committee (SHAC)

October 14, 2019

Meeting Notes

In attendance: Suzie Ardila, Skip Wilhoit, Larissa Bennett, Roberta Tvenstrup, Michele Messina, Ro Mohammed, Jayne Tingley, Debbie Subbiondo, Laura Schuyler, Carol Peters, Megan Silvestri, Carla McGill, Jessica Kniger

Subcommittees:

- 1) **Nutrition:** Regina Thoma, Skye Grundy
- 2) **Mental Health:** Michele Messina, Shirley Hurley, Suzy Ardila, Debbie Subbiondo, Larissa Bennett, Charles Whitfield, Samantha Buttari, Jayne Tingley
- 3) **School Health:** Teresa Masterson, Carol Peters, Debbie Subbiondo, Carla McGill, Suzy Ardila, & Laura Schuyler
- 4) **Employee Health:** Ro Mohamed, Molly Lemme, Skip Wilhoit
- 5) **Safe Environment:** Bill Kelley, Skip Wilhoit, Charles Whitfield, Suzy Ardila & Debbie Subbiondo
- 6) **Health & PE:** Deborah Stevens, Skip Wilhoit, Teresa Masterson, Suzy Ardila & Carla McGill
- 7) **Family & Community Involvement:** Molly Lemme, Kim Ross, Carol Peters & Kyra Montague

Outside Guest Speakers

- Any speaker from an outside organization that would like to speak within our schools, must complete the SDMC Health Education guidelines and Approval form. **(See attached)**
- Forms may be found on the S.T.A.N.D. and on the SHAC websites.
- Speakers must have a copy of the materials and curriculum along with these forms to be approved or a general outline of the presentation. If it's a video it will have to be mailed to subcommittee for review. (may take longer to approve)
- All materials are to be submitted to Suzy Ardila.
- ❖ There should be no multi- week health related topics to be approved by the SHAC committee. Should be single presentations 1-2 days and must have materials and be age appropriate.

Suggestions – Some suggested that the instructions should be more specific on the approval form.

Child Safety Matters –

- Elementary substance abuse seems to need improvement. Who should be on the contact list? Should an online drug prevention be done?
- The teen substance abuse involves the Bradenton Police Department.

Misc.:

- Some of our Handle with Care kids seem to be falling through the cracks. Handle with Care has been branching out to daycares.
- Debbie S- We need to get kids mental health care early. Kids have been getting Baker Acted in our schools.
- Skip has been talking to the schools about creating auxiliary clubs for 3rd and 4th grade students.
- Field Tests- Sheriff's Department is working on a solution to the field tests.
- Vaping course has been created for students. Kids who take the course will get 5 day suspension instead of the 10 day suspension for taking the course.

Brainstorming- Who should we invite to our next meeting:

Diana Whitehead; Mental health/SEL coordinator

Next SHAC meeting will be held Dec 9th, 2019.